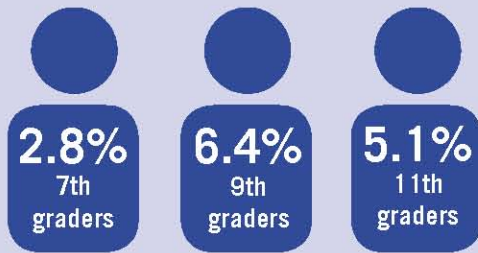


LIVINGSTON COUNTY **YOUTH** BY THE NUMBERS

Prescription Drug Use

94.2% of youth have not used drugs in the past month



used prescription drugs
in the past month



7 in 10 youth have at least one best friend who made a commitment to staying drug-free during the past year.

85% of teens reported that their friends felt using prescription drugs not prescribed to them is wrong.

77% of teens reported using prescription drugs that are not prescribed to them has a moderate or great risk.



17.4% of teens received their drugs on school property.

27% of teens mistakenly believe that misusing and abusing prescription drugs is safer than street drugs.

1 out of 2 teens indicate that it is easy to get prescription drugs from their home medicine cabinets.



of addictions start in the teenage years



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This brochure was developed in part under a grant number 80065 from the Office of National Drug Control Policy and Substance Abuse and Mental Health Services Administration, U.S. Department of Health and Human Services. The views, policies, and opinions expressed are those of the authors and do not necessarily reflect those of ONDCP, SAMHSA or HHS. Funded in part by the Community Mental Health Partnership of Southeast Michigan and the Michigan Department of Community Health, Office of Recovery Oriented Systems of Care, Substance Abuse Prevention and Treatment Section. Recipients of substance abuse services have rights protected by the state and federal laws and promulgated rules. You may request a brochure outlining these rights. Upon engaging in services, a Know Your Rights brochure will be given to you as part of your orientation. For information or assistance, contact Suzi Snyder at 517-545-5944 or Recipients Rights Coordinator, Michigan Department of Community Health, Mental Health and Substance Abuse Services, Bureau of Substance Abuse, 320 South Walnut St., 5th Floor, Lansing, MI 48913.

LIVINGSTON COUNTY **YOUTH** BY THE NUMBERS

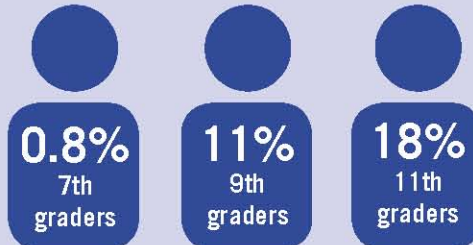


Marijuana

is the most widely used illicit drug in Livingston County



56% of Livingston County students do not perceive smoking marijuana regularly as harmful.



Students are vaping marijuana concentrates, which contain **80% to 90%** THC.¹

AS PERCEPTION OF RISK GOES DOWN, USE GOES UP.

used marijuana in the past month
(average age of 1st use is 14)

6.4% of students have used synthetic marijuana.

82% of youth think tobacco is harmful, but only **43%** perceive marijuana poses a great or moderate risk.

Weekly use of marijuana **DOUBLES** a teen's risk of depression and anxiety.

(National Institute on Drug Abuse)

The human brain doesn't fully mature until the age of 25, teen marijuana use may impact/ cause:

- Learning & Memory²
- Significant changes in shape, volume, and density of brain regions²
- Increased risk of depression³

TODAY'S MARIJUANA IS 5X MORE POTENT THAN IN 1995, INCREASING THE LIKELIHOOD OF PSYCHOSIS. (ElSohly)

THE FUTURE IMPACT

(AT LEAST 1X PER WEEK AND COMPARED WITH NON-USERS)



Increases dependency on welfare by 80%
Increases rate of unemployment by 72%

Decreases likelihood of earning a college degree by 178%
Decreases income by 23%



(Fergusson & Boden; Riggs)



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¹THC, or tetrahydrocannabinol, is the chemical responsible for most of marijuana's psychological effects.

²<http://www.northwestern.edu/newscenter/stories/2013/12/marijuana-users-have-abnormal-brain-structure--poor-memory.html#sthash.Cg7lmoII.dpuf>

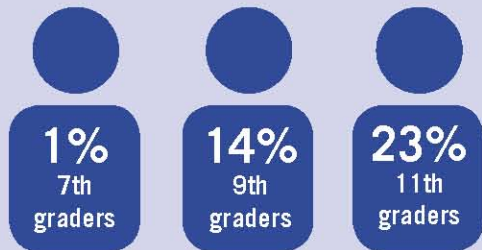
³Ashton CH and Moore PB. Endocannabinoid system dysfunction in mood and related disorders. Acta Psychiatr. Scan., 124: 250-261, 2011.

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LIVINGSTON COUNTY **YOUTH** BY THE NUMBERS

Underage Drinking

38.5% of Livingston County teens have tried alcohol



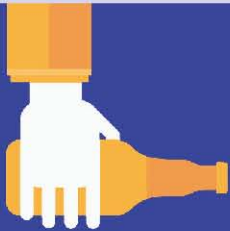
used alcohol in the past month
(average age of 1st use is 13)



1 in 10 teens report binge-drinking
(4 drinks in a row for women and 5 in a row for men).

A standard drink is 5 oz of wine, 1 beer or 1 shot.
Craft beers are equivalent 2.5 beers.

72% OF LIVINGSTON COUNTY TEENS WHO DRINK ALCOHOL CONSUME IT IN A FRIEND'S HOME



82%
of Livingston County
teens report their parents
or other adults have talked
with them about their
expectations on
alcohol use.

38% got alcohol by taking
from a family member

25% got alcohol from someone other
than a family member



Research shows that parents are the number one reason teens decide not to drink.

Talking to kids early and openly about the risks of drinking can help reduce their chances of becoming problem drinkers.

84% of students say they enjoy spending time with their parents.

Parents in Livingston County support their youth!



A "Safe Home" is a home where a family or an adult has committed to providing a safe and substance-free environment for their children, and any other youth who spend time there.

78% of surveyed Livingston County businesses did NOT sell to minors.



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